

# ITASCA MEDICAL CARE (IMCare) IMCare Classic (HMO SNP) 2022 Summary of Benefits

Itasca Medical Care
1219 SE 2<sup>nd</sup> Avenue
Grand Rapids, MN 55744-3983
Located in The Itasca Resource Center

Member Services 218-327-6188 or 1-800-843-9536 TTY 1-800-627-3529 or 711 October 1 – March 31, 7 days a week, 8 a.m. – 8 p.m. April 1 – September 30, Monday – Friday, 8 a.m. – 8 p.m.

You can also visit our website at <a href="www.imcare.org">www.imcare.org</a>
Serving members in Itasca County

# 1-800-843-9536 (toll free); TTY 1-800-627-3529 or 711

Attention. If you need free help interpreting this document, call the above number.

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ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

သတိ။ ဤစာရက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ အထက်ပါဖုန်းနံပါတ်ကိုခေါ် ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរសព្ទតាមលេខខាងលើ ។

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Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, veuillez appeler au numéro ci-dessus.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ဟ်သူဉ်ဟ်သးဘဉ်တက္နာ်. ဖဲနမ့်၊လိဉ်ဘဉ်တာ်မၤစၢၤကလီလၢတာ်ကကျိုးထံဝဲဒဉ်လံာ် တီလံာ်မီတခါအံၤန္ဉ်ာ့ကိုးဘဉ် လီတဲစိန္နိါဂ်ဴာလၢထးအံၤန္ဉ်ာတက္နာ်.

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

ີ ໂປຣດຊາບ. ຖ້າຫາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ຟຣີ, ຈົ່ງ ໂທຣໄປທີ່ໝາຍເລກຂ້າງເທີງນີ້.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bilbili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda (afcelinta) qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.

### **Civil Rights Notice**

**Discrimination is against the law.** Itasca Medical Care (IMCare) does not discriminate on the basis of any of the following:

- race
- color
- national origin
- creed
- religion
- sexual orientation
- public assistance status
- age

- disability (including physical or mental impairment)
- sex (including sex stereotypes and gender identity)
- marital status
- political beliefs
- medical condition

- health status
- receipt of health care services
- claims experience
- medical history
- genetic information

**Auxiliary Aids and Services:** Itasca Medical Care (IMCare) provides auxiliary aids and services, like qualified interpreters or information in accessible formats, free of charge and in a timely manner to ensure an equal opportunity to participate in our health care programs. **Contact** Itasca Medical Care at 1-800-843-9536 (toll free) or 1-218-327-6188 for more information.

**Language Assistance Services**: Itasca Medical Care (IMCare) provides translated documents and spoken language interpreting, free of charge and in a timely manner, when language assistance services are necessary to ensure limited English speakers have meaningful access to our information and services. **Contact** Itasca Medical Care at 1-800-843-9536 (toll free) or 1-218-327-6188 for more information.

# **Civil Rights Complaints**

You have the right to file a discrimination complaint if you believe you were treated in a discriminatory way by Itasca Medical Care (IMCare). You may contact any of the following four agencies directly to file a discrimination complaint.

### U.S. Department of Health and Human Services' Office for Civil Rights (OCR)

You have the right to file a complaint with the OCR, a federal agency, if you believe you have been discriminated against because of any of the following:

- race
- color
- national origin
- age

- disability
- sex
- religion (in some cases)

Contact the **OCR** directly to file a complaint:

U.S. Department of Health and Human Services

Office of Civil Rights

200 Independence Avenue SW

Room 515F

**HHH Building** 

Washington, DC 20201

Customer Response Center: Toll-free: 800-368-1019

TDD 800-537-7697

Email: ocrmail@hhs.gov

### Minnesota Department of Human Rights (MDHR)

In Minnesota, you have the right to file a complaint with the MDHR if you believe you have been discriminated against because of any of the following:

- race
- color
- national origin
- religion

- creed
- sex
- sexual orientation
- marital status

- public assistance status
- disability

### Contact the **MDHR** directly to file a complaint:

Minnesota Department of Human Rights 540 Fairview Avenue North
Suite 201
St. Paul, MN 55104
651-539-1100 (voice)
800-657-3704 (toll free)
711 or 800-627-3529 (MN Relay)
651-296-9042 (fax)
Info.MDHR@state.mn.us (email)

### Minnesota Department of Human Services (DHS)

You have the right to file a complaint with DHS if you believe you have been discriminated against in our health care programs because of any of the following:

- race
- color
- national origin
- creed
- religion
- sexual orientation
- public assistance status
- age

- disability (including physical or mental impairment)
- sex (including sex stereotypes and gender identity)
- marital status
- political beliefs
- medical condition

- health status
- receipt of health care services
- claims experience
- medical history
- genetic information

Complaints must be in writing and filed within 180 days of the date you discovered the alleged discrimination. The complaint must contain your name and address and describe the discrimination you are complaining about. After we get your complaint, we will review it and notify you in writing about whether we have authority to investigate. If we do, we will investigate the complaint.

DHS will notify you in writing of the investigation's outcome. You have the right to appeal the outcome if you disagree with the decision. To appeal, you must send a written request to have DHS review the investigation outcome. Be brief and state why you disagree with the decision. Include additional information you think is important.

If you file a complaint in this way, the people who work for the agency named in the complaint cannot retaliate against you. This means they cannot punish you in any way for filing a complaint. Filing a complaint in this way does not stop you from seeking out other legal or administrative actions.

Contact **DHS** directly to file a discrimination complaint:

Civil Rights Coordinator
Minnesota Department of Human Services
Equal Opportunity and Access Division
P.O. Box 64997
St. Paul, MN 55164-0997
651-431-3040 (voice) or use your preferred relay service

### Itasca Medical Care (IMCare) Complaint Notice

You have the right to file a complaint with Itasca Medical Care (IMCare) if you believe you have been discriminated against because of any of the following:

- Medical Condition
- Health Status
- Receipt of Health Care Services
- Claims Experience
- Medical History
- Genetic Information
- Disability (including mental or physical impairment)
- Marital Status
- Age

- Sex (including sex stereotypes and gender identity)
- Sexual Orientation
- National Origin
- Race
- Color
- Religion
- Creed
- Public Assistance Status
- Political Beliefs

You can file a complaint and ask for help in filing a complaint in person or by mail, phone, fax, or email at:

IMCare Compliance Coordinator ATTN: Civil Rights Coordinator Itasca Medical Care (IMCare) 1219 SE 2<sup>nd</sup> Ave

Toll Free: 1-800-843-9536

TTY: 1-800-627-3529 (MN Relay) or 711

Fax: 218-327-5545

Email: imcarecompliance@co.itasca.mn.us

### American Indian Health Statement

American Indians can continue or begin to use tribal and Indian Health Services (IHS) clinics. We will not require prior approval or impose any conditions for you to get services at these clinics. For elders age 65 years and older this includes Elderly Waiver (EW) services accessed through the tribe. If a doctor or other provider in a tribal or IHS clinic refers you to a provider in our network, we will not require you to see your primary care provider prior to the referral.

### Introduction

This document is a brief summary of the benefits and services covered by IMCare Classic. It includes answers to frequently asked questions, important contact information, an overview of benefits and services offered, and information about your rights as a member of IMCare Classic. Key terms and their definitions appear in alphabetical order in the last chapter of the *Member Handbook*.

### **Table of Contents**

A. Disclaimers	7
B. Frequently asked questions	8
C. Overview of Services	12
D. Services covered outside of IMCare Classic	24
E. Services not covered by IMCare Classic, Medicare, or Medical Assistance (Medicaid)	25
F. Your rights as a member of the plan	25
G. What to do if you want to file a complaint or appeal a denied service or drug	27
H. What to do if you suspect fraud	27

### A. Disclaimers



This is a summary of health services covered by IMCare Classic (HMO SNP) for 2022. Please read the *Member Handbook* for the full list of benefits. You can view the *Member Handbook* on our website at <a href="https://www.imcare.org">www.imcare.org</a>. If you would like a print copy, call IMCare Classic Member Services at the number of the bottom of this page.

- ❖ IMCare Classic (HMO SNP) is a health plan that contracts with both Medicare and the Minnesota Medical Assistance Program (Medicaid) to provide benefits of both programs to enrollees. Enrollment in IMCare Classic (HMO SNP) depends on contract renewal.
- ❖ IMCare Classic (HMO SNP) is for people age 65 and over who live in the service area and have both Medicare Part A and Part B and have Medical Assistance (Medicaid).
- ❖ Under IMCare Classic you can get your Medicare and Medical Assistance (Medicaid) services in one health plan. An IMCare Classic care coordinator will help manage your health care needs.
- ❖ For more information about **Medicare**, you can read the *Medicare* & *You* handbook. It has a summary of Medicare benefits, rights, and protections and answers to the most frequently asked questions about Medicare. You can get it at the Medicare website (www.medicare.gov) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048. For more information about **Medical Assistance (Medicaid)**, call the Minnesota Department of Human Services at 1-651-431-2670 or toll-free at 1-800-657-3739. TTY users should call 1-800-627-3529.
- ❖ You can get this document for free in other formats, such as large print, braille, or audio. Call Member Services at the number at the bottom of this page.
- To make or change a standing request to get this document, now and in the future, in a language other than English or in an alternate format, call Member Services at the number at the bottom of this page.

# **B.** Frequently asked questions

The following chart lists frequently asked questions.

Frequently Asked Questions (FAQ)	Answers
What is a Minnesota Senior Health Options (MSHO) plan?	Our plan is part of the Minnesota Senior Health Options (MSHO) program. This program was designed by the Minnesota Department of Human Services (DHS) to provide special care for seniors age 65 and over. Our plan combines your Medicare and Medical Assistance (Medicaid) services. It combines your doctors, hospital, pharmacies, home care, nursing home care, and other health care providers into one coordinated care system. It also has care coordinators to help you manage all your providers and services. They all work together to provide the care you need. Our MSHO program is called IMCare Classic.
Will I get the same Medicare and Medical Assistance (Medicaid) benefits in IMCare Classic that I get now?	If you are coming to IMCare Classic from Original Medicare or another Medicare plan, you may get benefits or services differently. You will get almost all of your covered Medicare and Medical Assistance (Medicaid) benefits directly from IMCare Classic. You will work with a team of providers who will help determine what services will best meet your needs. When you enroll in IMCare Classic, you and your care team will work together to develop an Individualized Care Plan to address your health and support needs.  When you join our plan, if you are taking any Medicare Part D prescription drugs that IMCare Classic does not normally cover, you can get a temporary supply. We will help you get another drug or get an exception for IMCare Classic to cover your drug, if medically necessary. For more information, call Member Services.

Frequently Asked Questions (FAQ)	Answers
Can I go to the same health care providers I go to now?	That is often the case. If your providers (including doctors and pharmacies) work with IMCare Classic and have a contract with us, you can keep going to them.
	<ul> <li>Providers with an agreement with us are "in-network." In most cases, you must use the providers in IMCare Classic's network.</li> <li>If you need urgent or emergency care or out-of-area dialysis services, you can use providers outside of IMCare Classic's network. You may also use out-of-network providers for open access services and in cases when IMCare Classic authorizes the use of out-of-network providers.</li> </ul>
	To find out if your providers are in the plan's network, call Member Services or read IMCare Classic's <i>Provider and Pharmacy Directory</i> on our website at <a href="www.imcare.org">www.imcare.org</a> . If IMCare Classic is new for you, you can continue going to the providers you go to now for up to 120 days in certain situations. For more information, call Member Services.
What happens if I need a service but no one in IMCare Classic's network can provide it?	Most services will be provided by our network providers. If you need a covered service that cannot be provided within our network, IMCare Classic will pay for the cost of an out-of-network provider.
What is a care coordinator?	<ul> <li>A care coordinator is your main contact person. This person helps manage all your providers and services and makes sure you get what you need, including the following:</li> <li>Assisting you in arranging for, getting, and coordinating assessments, tests, and health and long-term care supports and services</li> <li>Working with you to develop and update your care plan</li> <li>Supporting you and communicating with a variety of agencies and persons</li> <li>Coordinating other services as outlined in your care plan</li> </ul>

Frequently Asked Questions (FAQ)	Answers
What are long-term services and supports?	Long-term services and supports are services that help people who need assistance doing everyday tasks like taking a bath, getting dressed, making food, and taking medicine. Most of these services help you stay in your home so you don't need to move to a nursing home or hospital.
Where is IMCare Classic available?	The service area for this plan includes the following counties in Minnesota: <b>Itasca County</b> . You must live in one of these counties to join the plan. Call Member Services for more information about whether the plan is available where you live.
What is prior authorization?	Prior authorization means that you must get approval from IMCare Classic <b>before</b> you can get a specific service or drug or go to an out-of-network provider. IMCare Classic may not cover the service or drug if you don't get approval. <b>If you need urgent or emergency care or out-of-area dialysis services, you don't need to get approval first.</b> Go to Chapter 3 of the <i>Member Handbook</i> to learn more about prior authorization. Go to the Benefits Chart in Section D of Chapter 4 of the <i>Member Handbook</i> to learn which services require a prior authorization.
What is a referral?	A referral means getting approval from your primary care provider (PCP) <b>before</b> you can go to a specialist or other providers in the plan's network. If you don't get approval, IMCare Classic may not cover the services. You don't need a referral to go to certain specialists, such as women's health specialists. For more information on when a referral is necessary, call Member Services or read the <i>Member Handbook</i> .

Frequently Asked Questions (FAQ)	Answers
What is Extra Help?	Extra Help is a Medicare program that helps people with limited incomes and resources reduce their Medicare Part D prescription drug costs such as premiums, deductibles, and copays. Extra Help is also called the "Low-Income Subsidy," or "LIS."
	Your prescription drug copays under IMCare Classic already include the amount of Extra Help you qualify for. For more information about Extra Help, contact your local Social Security Office, or call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778. These calls are free.
Do I pay a monthly amount (also called a premium) as a member of IMCare Classic?	No. Because you have Medical Assistance (Medicaid), you will not pay any monthly premiums for your health coverage. You must continue to pay your Medicare Part B premium unless your Part B premium is paid for you by Medical Assistance (Medicaid) or another third party.
Do I pay a deductible as a member of IMCare Classic?	No. You do not pay deductibles in IMCare Classic.
What is the maximum out-of-pocket amount that I will pay for medical services as a member of IMCare Classic?	There is no cost-sharing for <b>medical services</b> in IMCare Classic, so your annual out-of-pocket costs will be \$0.

### C. Overview of Services

The following chart is a quick overview of what services you may need, your costs, and rules about the benefits.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
You need hospital care	Hospital stay	\$0	Except in an emergency, your health care provider must tell the plan of your hospital admission.
	Doctor or surgeon care	\$0	
	Ambulatory surgical center (ASC) services	\$0	
You want to go to a health care provider	Visits to treat an injury or illness	\$0	
	Specialist care	\$0	
	Wellness visits, such as a physical	\$0	
	Care to keep you from getting sick, such as flu shots	\$0	
	"Welcome to Medicare" preventive visit (one time only)	\$0	

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
You need emergency care	Emergency room services	\$0	You may go to any emergency room if you reasonably believe you need emergency care. You do not need prior authorization and you do not have to be innetwork. Emergency room services are NOT covered outside of the U.S. and its territories except under limited circumstances. Contact the plan for details.
	Urgently needed care	\$0	Urgently needed care is NOT emergency care. You do not need prior authorization and you do not have to be in-network. Urgently needed care services are NOT covered outside the U.S. and its territories except under limited circumstances. Contact the plan for details.
You need medical	Lab tests, such as blood work	\$0	
tests	X-rays or other pictures, such as CAT scans	\$0	
	Screening tests, such as tests to check for cancer	\$0	
You need	Hearing screenings	\$0	
hearing/auditory services	Hearing aids	\$0	Authorization rules may apply.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
You need dental care	Dental services, including preventive care	\$0	Authorization rules may apply.
You need eye care	Eye exams	\$0	
	Glasses or contact lenses	\$0	Selection may be limited.  Eyeglasses limited to one pair every 24 month unless medically necessary.  One pair of eyeglasses or contact lenses after each cataract surgery, or contact lenses for certain conditions when eyeglasses will not work
	Other vision care including diagnosis and treatment for diseases and conditions of the eye	\$0	
You have a mental health condition	Mental or behavioral health services	\$0	State eligibility requirements may apply.
nearen condition	Inpatient care for people who need long-term mental health services	\$0	State eligibility requirements may apply.
You have a substance use disorder	Substance use disorder services	\$0	

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
You need a place to live with people available to help you	Customized Living (services provided in an assisted living setting)	\$0	These services are available through the Elderly Waiver.  State eligibility requirements may apply.  Call you care coordinator for more information.
	Skilled nursing care	\$0	Medically necessary skilled nursing is covered.
	Nursing home care	\$0	
	Adult Foster Care	\$0	These services are available through the Elderly Waiver.  State eligibility requirements may apply.  Call your care coordinator for more information.
You need therapy after a stroke or accident	Occupational, physical, or speech therapy	\$0	There may be limits on physical therapy, occupational therapy, and speech therapy services. If so, there may be exceptions to these limits.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
You need help getting to health services	Ambulance services	\$0	Ambulance services must be medically necessary. You do not need prior authorization for ambulance services and you do not have to be in-network.
	Emergency transportation	\$0	
	Transportation to a health care provider for medical appointments	\$0	IMCare Classic is not required to provide transportation to your primary care clinic (PCC) if it is over 30 miles from your home. Authorization rules may apply to special transportation.  IMCare Classic is not required to provide transportation to your specialty care clinic if it is over 60 miles from your home. Authorization rules may apply to special transportation.
	Transportation to other health services	\$0	Authorization rules may apply to special transportation.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued on next page)	Medicare Part B prescription drugs	\$0	Part B drugs include drugs given by your health care provider in their office, some oral anti-cancer drugs, and some drugs used with certain medical equipment. Read the <i>Member Handbook</i> for more information on these drugs.
	Tier 1 Generic drugs (no brand name) (continued on next page)	\$0/\$1.35/\$3.95 for a 31-day supply.  Copays for prescription drugs may vary based on the level of Extra Help you get. Please contact the plan for more details.	There may be limitations on the types of drugs covered. Please go to IMCare Classic's <i>List of Covered Drugs</i> (Drug List) at <a href="https://www.imcare.org">www.imcare.org</a> for more information.  IMCare Classic may require you to first try one drug to treat your condition before it will cover another drug for that condition.  Some drugs have quantity limits.  Your provider must get prior authorization from IMCare Classic for certain drugs.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued on next page)	Tier 1 Generic drugs (no brand name) (continued)	When you reach the out-of-pocket limit of \$7,050 for your Part D prescription drugs, the Catastrophic Coverage Stage begins. You will stay in the Catastrophic Coverage Stage until the end of the calendar year. During this stage, your copays for Part D drugs will be \$0.	You must go to certain pharmacies for a very limited number of drugs, due to special handling, provider coordination, or patient education requirements that cannot be met by most pharmacies in your network. These drugs are listed on the plan's website, <i>List of Covered Drugs</i> (Drug List), and printed materials, as well as on the Medicare Plan Finder on <a href="https://www.medicare.gov">www.medicare.gov</a> .  Drugs that are considered maintenance medications, such as high blood pressure drugs, can be filled for up to a 90-day supply for the same one-month supply copay.
	Tier 1 Brand name drugs (continued on next page)	\$0/\$4.00/\$9.85 for a <i>31-day</i> supply.	There may be limitations on the types of drugs covered. Please go to IMCare Classic's <i>List of Covered Drugs</i> (Drug List) at <a href="https://www.imcare.org">www.imcare.org</a> for more information.  IMCare Classic may require you to first try one drug to treat your condition before it will cover another drug for that condition.

If you have questions, please call IMCare Classic's Member Services at 1-800-843-9536, TTY 1-800-627-3529 or 711 October 1 – March 31, 7 days a week, 8 a.m. – 8 p.m.; April 1 – September 30, Monday – Friday, 8 a.m. – 8 p.m. The call is free. For more information, visit <a href="https://www.imcare.org">www.imcare.org</a>

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued on next page)	Tier 1 Brand name drugs (continued)	Copays for prescription drugs may vary based on the level of Extra Help you get. Please contact the plan for more details.  When you reach the out-of-pocket limit of \$7,050 for your Part D prescription drugs, the Catastrophic Coverage Stage begins. You will stay in the Catastrophic Coverage Stage until the end of the calendar year. During this stage, your copays for Part D drugs will be \$0.	Some drugs have quantity limits.  Your provider must get prior authorization from IMCare Classic for certain drugs.  You must go to certain pharmacies for a very limited number of drugs, due to special handling, provider coordination, or patient education requirements that cannot be met by most pharmacies in your network. These drugs are listed on the plan's website, <i>List of Covered Drugs</i> (Drug List), and printed materials, as well as on the Medicare Plan Finder on www.medicare.gov.  Drugs that are considered maintenance medications, such as high blood pressure drugs, can be filled for up to a 90-day supply for the same one-month supply copay.

If you have questions, please call IMCare Classic's Member Services at 1-800-843-9536, TTY 1-800-627-3529 or 711 October 1 – March 31, 7 days a week, 8 a.m. – 8 p.m.; April 1 – September 30, Monday – Friday, 8 a.m. – 8 p.m. The call is free. For more information, visit <a href="https://www.imcare.org">www.imcare.org</a>

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued on the next page)	Over-the-counter (OTC) drugs	\$0	There may be limitations on the types of drugs covered.
	Diabetes medications (continued on next page)	\$0/\$1.35/\$3.95 or \$0/\$4.00/\$9.85 for 31-day-day supply.  Copays for diabetes medications will vary depending on whether they are Generic or Brand name and based on the level of Extra Help you get. Please contact the plan for more details.	There may be limitations on the types of drugs covered. Please go to IMCare Classic's List of Covered Drugs (Drug List) at <a href="www.imcare.org">www.imcare.org</a> for more information.  IMCare Classic may require you to first try one drug to treat your condition before it will cover another drug for that condition.  Some drugs have quantity limits.  Your provider must get prior authorization from IMCare Classic for certain drugs.

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
You need drugs to treat your illness or condition (continued)	Diabetes medications (continued)	When you reach the out-of-pocket limit of \$7,050 for your Part D prescription drugs, the Catastrophic Coverage Stage begins.  You will stay in the Catastrophic Coverage Stage until the end of the calendar year. During this stage, your copays for Part D drugs will be \$0.	
You need help getting better or have special health needs	Rehabilitation services	\$0	
	Medical equipment for home care	\$0	

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
You need foot care	Podiatry services	\$0	For medically necessary foot care.
	Orthotic services	\$0	Authorization rules may apply.
You need durable medical equipment (DME) or supplies	Wheelchairs, nebulizers, crutches, rollabout knee walkers, walkers, and oxygen equipment and supplies, for example	\$0	Authorization rules may apply.
	(Note: This is not a complete list of covered DME or supplies. Call Member Services or read the <i>Member Handbook</i> for more information.)		
You need help living at home	Home care services	\$0	Medically necessary services are covered.
(continued on next page)	Personal care assistant	\$0	Medically necessary services are covered.
	Changes to your home, such as ramps and wheelchair access	\$0	These services are available through the Elderly Waiver.
	Home services, such as cleaning or housekeeping	\$0	State eligibility requirements may apply.
	Meals brought to your home	\$0	Call your care coordinator for more information.

If you have questions, please call IMCare Classic's Member Services at 1-800-843-9536, TTY 1-800-627-3529 or 711 October 1 – March 31, 7 days a week, 8 a.m. – 8 p.m.; April 1 – September 30, Monday – Friday, 8 a.m. – 8 p.m. The call is free. For more information, visit <a href="https://www.imcare.org">www.imcare.org</a>

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
You need help living at home (continued)	Adult day services or other support services	\$0	These services are available through the Elderly Waiver.
	Services to help you live on your own	\$0	State eligibility requirements may apply.  Call your care coordinator for more information.
Your caregiver needs some time off	Respite care	\$0	These services are available through the Elderly Waiver.  State eligibility requirements may apply.  Call your care coordinator for more information.
You need interpreter	Spoken language interpreter	\$0	
services	Sign language interpreter	\$0	
Additional services (continued on the next page)	Acupuncture	\$0	Authorization rules may apply.
	Care coordination	\$0	You will be assigned a care coordinator to help you coordinate providers, access available community resources, and make sure you get services you need.
	Chiropractic services	\$0	Chiropractic visits are for manual manipulation of the spine to correct subluxation (a displacement or misalignment of a joint or body part).
	Diabetic supplies	\$0	Authorization rules may apply.

If you have questions, please call IMCare Classic's Member Services at 1-800-843-9536, TTY 1-800-627-3529 or 711 October 1 – March 31, 7 days a week, 8 a.m. – 8 p.m.; April 1 – September 30, Monday – Friday, 8 a.m. – 8 p.m. The call is free. For more information, visit <a href="https://www.imcare.org">www.imcare.org</a>

Health need or problem	Services you may need	Your costs for in-network providers	Limitations, exceptions, and benefit information (rules about benefits)
Additional services (continued)	Family planning	\$0	
	Housing stabilization services	\$0	State eligibility requirements may apply.
	Prosthetic services	\$0	Authorization rules may apply.
	Services to help manage your disease	\$0	

This summary of benefits is provided for informational purposes only and is not a complete list of benefits. Call Member Services or read the *Member Handbook* to find out about other covered services.

# D. Services covered outside of IMCare Classic

This is not a complete list. Call Member Services to find out about other services not covered by IMCare Classic but available through Medicare or Medical Assistance (Medicaid).

Other services covered by Medicare or Medical Assistance (Medicaid)	Your costs
Some hospice care services	\$0

### E. Services not covered by IMCare Classic, Medicare, or Medical Assistance (Medicaid)

This is not a complete list. Call Member Services to find out about other excluded services.

### Services not covered by IMCare Classic, Medicare, or Medical Assistance (Medicaid)

Services not considered "reasonable and necessary" according to standards of Medicare and Medical Assistance (Medicaid)

Experimental medical and surgical treatments, items, or drugs unless covered by Medicare or under a Medicare-approved clinical study

Surgical treatment for morbid obesity except when medically necessary

Elective or voluntary enhancement procedures

Cosmetic surgery or other cosmetic work unless criteria is met

Lasik surgery

### F. Your rights as a member of the plan

As a member of IMCare Classic, you have certain rights. You can exercise these rights without being punished. You can also use these rights without losing your health care services. We will tell you about your rights at least once a year. For more information on your rights, please read the *Member Handbook*. Your rights include, but are not limited to, the following:

- You have a right to respect, fairness, and dignity. This includes the right to:
  - Get covered services without concern about medical condition, health status, receipt of health services, claims experience, medical history, disability (including mental impairment), marital status, age, sex (including sex stereotypes and gender identity), sexual orientation, national origin, race, color, religion, creed, or public assistance status

- Get information in other formats (for example, large print, braille, or audio) free of charge
- o Be free from any form of physical restraint or seclusion
- You have the right to get information about your health care. This includes information on treatment and your treatment options. This information should be in a format you can understand. This includes the right to get information on:
  - o Description of the services we cover

This section continued on next page



- You have the right to get information about your health care. (continued)
  - How to get services
  - o How much services will cost you
  - o Names of health care providers
- You have the right to make decisions about your care, including refusing treatment. This includes the right to:
  - Choose a primary care provider (PCP) and change your PCP at any time during the year
  - o Go to a women's health care provider without a referral
  - o Get your covered services and drugs quickly
  - Know about all treatment options, no matter what they cost or whether they are covered
  - Refuse treatment, even if your health care provider advises against it
  - Stop taking medicine, even if your health care provider advises against it
  - Ask for a second opinion. IMCare Classic will pay for the cost of your second opinion visit.
  - Make your health care wishes known in an advance directive
- You have the right to timely access to care that does not have any communication or physical access barriers. This includes the right to:
  - o Get timely medical care

- Get in and out of a health care provider's office. This
  means barrier-free access for people with disabilities, in
  accordance with the Americans with Disabilities Act.
- Have interpreters to help with communication with your health care providers and your health plan
- You have the right to seek emergency and urgently needed care when you need it. This means you have the right to:
  - Get emergency services without prior authorization in an emergency
  - o Go to an out-of-network urgent or emergency care provider, when necessary
- You have a right to confidentiality and privacy. This includes the right to:
  - Ask for and get a copy of your medical records in a way that you can understand and to ask for your records to be changed or corrected
  - o Have your personal health information kept private
- You have the right to make complaints about your covered services or care. This includes the right to:
  - o File a complaint or grievance against us or our providers
  - Ask for a State Appeal (Medicaid Fair Hearing with the State)
  - o Get a detailed reason for why services were denied

For more information about your rights, you can read the IMCare Classic *Member Handbook*. If you have questions, you can also call IMCare Classic Member Services.

# G. What to do if you want to file a complaint or appeal a denied service or drug

If you have a complaint or think IMCare Classic should cover something we denied, call the number at the bottom of the page. You may be able to appeal our decision.

For questions about complaints and appeals, you can read Chapter 9 of the IMCare Classic *Member Handbook*. You can also call IMCare Classic Member Services.

You can also write to us. Please send it to:

IMCare Classic Attn: Grievance and Appeals Department 1219 SE 2<sup>nd</sup> Ave Grand Rapids, MN 55744

# H. What to do if you suspect fraud

Most health care professionals and organizations that provide services are honest. Unfortunately, there may be some who are dishonest.

If you think a health care provider, hospital, or pharmacy is doing something wrong, please contact us.

- Call IMCare Classic Member Services. Phone numbers are at the bottom of the page.
- Call IMCare Classic Fraud Hot Line 1-866-629-0584. The call is free.
- Call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7 days a week.
- Or, call the Minnesota Fraud Hotline at 1-800-627-9977. The call is free.

# If you have general questions or questions about our plan, services, service area, billing, or Member ID Cards, please call IMCare Classic Member Services:

### 1-800-843-9536

Calls to this number are free.

October 1 – March 31, 7 days a week, 8 a.m. – 8 p.m.; April 1 – September 30, Monday – Friday, 8 a.m. – 8 p.m.

Member Services also has free language interpreter services available for non-English speakers.

### 1-800-627-3529 or 711

This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.

Calls to this number are free.

October 1 – March 31, 7 days a week, 8 a.m. – 8 p.m.; April 1 – September 30, Monday – Friday, 8 a.m. – 8 p.m.

### If you have questions about your health:

- Call your clinic if it's open. Follow your clinic's instructions for getting care when the clinic is closed.
- If your clinic is closed, you can also call IMCare Classic's Nurse Line. A nurse will listen to your problem and tell you how to get care. (examples: urgently needed care or the emergency room.) The number for the IMCare Classic Nurse Line is:

### 1-800-843-9536

Calls to this number are free.

October 1 – March 31, 7 days a week, 8 a.m. – 8 p.m.; April 1 – September 30, Monday – Friday, 8 a.m. – 8 p.m.

IMCare Classic also has free language interpreter services available for non-English speakers.

### TTY 1-800-627-3529 or 711

This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.

Calls to this number are free.

October 1 – March 31, 7 days a week, 8 a.m. – 8 p.m.; April 1 – September 30, Monday – Friday, 8 a.m. – 8 p.m.